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Freezer Bag Cooking: Adventure Ready Recipes

FREEZER BAG COOKING



ADVENTURE
READY RECIPES

SARAH
KIRKCONNELL



Synopsis

Get in the outdoors with a lot less effort. Freezer Bag Cooking (FBC) is a style of outdoor cooking that simplifies the outdoor meal to its essentials, by using simple ingredients and methods to produce a lightweight, easy and great tasting meal. Find inside: Cooking Methods, Gear & Tools, Animal Safety, 225+ Recipes: Breakfast, Lunch, Dinner, Salads & Vegetables, Soups, Burritos & wraps, Dehydrator Specials, Trail Desserts, Mixes & Seasonings. May your trails be smooth & you have no dirty dishes.

Book Information

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Customer Reviews

I really got a lot out of the Kindle edition of "Freezer Bag Cooking: Adventure Ready Recipes." There are a lot of really good, easy to make recipes. However, I now tend towards the Paleo/Caveman approach, there a good number of recipe ideas that I can change up a bit to reduce the carb count. I have an older spiral bound Freezer Bag book also by Sarah, so I am

happy to have another Freezer bag book with more ideas. Looking forward to her next how to book. The Kindle version I purchased does have a Table of Contents.

Lots of good information here but I'm really disappointed, who publishes a book without a table of contents, index or even page numbers? This is a cookbook, when one uses a cookbook you already have something in mind and you want to skim that category not start at page one and look at every single recipe. My solution was to sit down one night and using word and their outline feature go through and create my own index but I ask why should I have to do this? Sarah what were you thinking????

The recipes are great but good luck finding anything if you're used to a book with an index or page numbers. Also, the book does not have all the recipes that are available online for free.

Wow....there are lots of amazing recipes in here. So many that sound so delicious that they will likely become regular meals at my house as well as on the trail. And Yes there is a Table of Contents in the Kindle version. Highly recommended!

Excellent book, was told what to get and how to use it. Lightest weight for what I wanted. I use a titanium cup for my pot , and will probably go with a super fly for a stove. The weight saved more than makes up for the cannister weight.Which I also use for a thermarest bug repellent.

I do backpacking so am always looking for something different. I find it here in Freezer Bag Cooking II.

Good recipes and an easy way to fix a mess free meal. They are ideal for backpacking.

Fun, easy, great recipes for camping, travel..... Some I even make at home!

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